

COVID-19 Stress and Worry

Worry/Anxiety About COVID-19 (Tier 2)

Child Self-Report (Ages 9+)

During the COVID-19 pandemic (since March 2020)

	Not at all	Slightly	Moderately	Very	Extremely
How worried have you been about coronavirus (COVID-19)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How worried have others around you been about coronavirus (COVID-19)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How worried have you been about changes to schooling in the 2020-2021 school year (e.g., missing school in-person)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much do you think your life has changed due to coronavirus (COVID-19)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How hopeful have you been that the coronavirus/COVID-19 crisis in your area will end soon?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the past week:

	Not at all	Slightly	Moderately	Very	Extremely
How worried have you been about coronavirus (COVID-19)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How worried have others around you been about coronavirus (COVID-19)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How worried have you been about changes to schooling in the 2020-2021 school year (e.g., missing school in-person)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much do you think your life has changed due to coronavirus (COVID-19)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How hopeful have you been that the coronavirus/COVID-19 crisis in your area will end soon?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Stress Related to COVID-19 (Tier 2)

Child Self-Report (Ages 13+)

During the COVID-19 pandemic (since March 2020), how often did you:

	Not at all	Rarely	Sometimes	Often	Very often
Have difficulty sleeping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Startle easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have angry outbursts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feel a sense of time slowing down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feel in a daze	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Try to avoid thoughts and feelings about COVID-19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Try to avoid reading or watching information about COVID-19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have distressing dreams about COVID-19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feel distressed when you saw something that reminded you of COVID-19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>