



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

The following questions are about common psychological, behavioral, and personal problems. These problems are considered significant when you have them for 2 or more weeks, when they keep coming back, when they keep you from meeting your responsibilities, or when they make you feel like you can't go on.

After each of the following questions, please tell us the last time, if ever, you had the problem, by answering whether it was in the past month, 2 to 12 months ago, more than 1 year ago, or never.

1. When was the last time that you had significant problems with . . .
 - a. feeling very trapped, lonely, sad, blue, depressed, or hopeless about the future?
 - 3 Past month
 - 2 2 to 12 months ago
 - 1 1+ years ago
 - 0 Never
 - b. sleep trouble, such as bad dreams, sleeping restlessly, or falling asleep during the day?
 - 3 Past month
 - 2 2 to 12 months ago
 - 1 1+ years ago
 - 0 Never
 - c. feeling very anxious, nervous, tense, scared, panicked, or like something bad was going to happen?
 - 3 Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

d. becoming very distressed and upset when something reminded you of the past?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

e. thinking about ending your life or committing suicide?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

2. When was the last time that you did the following things two or more times?

a. Lied or conned to get things you wanted or to avoid having to do something?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

b. Had a hard time paying attention at school, work, or home?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

c. Had a hard time listening to instructions at school, work, or home?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

d. Were a bully or threatened other people?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

e. Started physical fights with other people?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

3. When was the last time that . . .

a. you used alcohol or other drugs weekly or more often?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

b. you spent a lot of time either getting alcohol or other drugs, using alcohol or other drugs, or recovering from the effects of alcohol or other drugs (e.g., feeling sick)?

3 [] Past month

2 [] 2 to 12 months ago

1 [] 1+ years ago

0 [] Never

c. you kept using alcohol or other drugs even though it was causing social

problems, leading to fights, or getting you into trouble with other people?

3 Past month

2 2 to 12 months ago

1 1+ years ago

0 Never

d. your use of alcohol or other drugs caused you to give up or reduce your involvement in activities at work, school, home, or social events?

3 Past month

2 2 to 12 months ago

1 1+ years ago

0 Never

e. you had withdrawal problems from alcohol or other drugs, like shaky hands, throwing up, having trouble sitting still or sleeping, or you used any alcohol or other drugs to stop being sick or avoid withdrawal problems?

3 Past month

2 2 to 12 months ago

1 1+ years ago

0 Never

Scoring and interpretation

The three subscreeners consist of the following items:

- 1a to 1e for the Internalizing Disorder Screener (IDScr)
- 2a to 2e for the Externalizing Disorder Screener (EDScr)
- 3a to 3e for the Substance Disorder Screener (SDScr)

The count of past-month (3's) responses is used as a measure of change. The count of past-year (3's or 2's) responses is used to predict past year/current diagnosis. The count of lifetime (3's, 2's, or 1's) responses is used to predict lifetime diagnosis. Counts are triaged into low (0 symptoms), moderate (1-2 symptoms), and high (3 or more symptoms) severity. Remission overall or in a given area is defined as lifetime "moderate/high" severity but no symptoms in the past month (early) or past year (sustained).

Be sure to count, instead of sum, the raw answers. For example, if the client's responses for the items in the IDScr were:

1a = 3 (past month)

1b = 2 (2-12 months ago)

1c = 3 (past month)

1d = 1 (more than 12 months ago)

1e = 0 (never)

Then, the IDScr past year score would be 3, since 1a, 1b, and 1c reflect past-year symptoms. The past-month version would be the count of the 3's, and lifetime would be the count of 1's, 2's, and 3's.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/580101>