

Attribution of Symptoms⁴¹

Listed below are conditions you may or may not have ever experienced. For each condition, please circle the letter next to each reason or group of reasons that *corresponds to how much that might explain your condition*. Please check every item for each question. Also, answer whether you have had the condition in the last [3 months] by circling A (YES) or B (NO). Please answer all questions.

A (Not at all) B (Somewhat) C (Quite a bit) D (A great deal)

	Not at all	Somewhat	Quite a bit	A great deal
If I had a prolonged headache, I would probably think that it is because:				
I am emotionally upset				
There is something wrong with muscles nerves or brain				
A loud noise, bright light or something else has irritated me				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you had a prolonged headache in the last 3 months? N/Y	N		Y	
If I was sweating a lot, I would probably think that it is because:				
I must have a fever or infection				
I'm anxious or nervous				
The room is too warm, I'm overdressed or working too hard				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you noticed yourself sweating a lot in the last 3 months? N/Y	N		Y	
If I got dizzy all of a sudden, I would probably think it is because:				
There is something wrong with my heart or blood pressure				
I am not eating enough or I got up too quickly				
I must be under a lot of stress				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				

⁴¹ Adapted from [Symptom Interpretation Questionnaire](#)

I have acute COVID-19			
I have "long COVID"			
Have you felt dizzy in the last 3 months? N/Y	N		Y
If I noticed my mouth was dry, I would probably think that it is because:			
I must be scared or anxious about something			
I need to drink more liquids			
There is something wrong with my salivary glands			
It's an effect of living during a pandemic			
It's part of being pregnant			
It's part of being postpartum			
I have acute COVID-19			
I have "long COVID"			
Have you had a dry mouth in the last 3 months? N/Y	N		Y
If I felt my heart pounding in my chest, I would probably think that it is because:			
I've exerted myself or drunk a lot of coffee			
I must be excited or afraid			
There must be something wrong with my heart			
It's an effect of living during a pandemic			
It's part of being pregnant			
It's part of being postpartum			
I have acute COVID-19			
I have "long COVID"			
Have you noticed your heart pounding in the last 3 months? N/Y	N		Y
If I feel fatigued, I would probably think that it is because:			
I'm emotionally exhausted or discouraged			
I've been over-exerted myself or not exercising enough			
I'm anemic or my blood is weak			
It's an effect of living during a pandemic			
It's part of being pregnant			
It's part of being postpartum			
I have acute COVID-19			
I have "long COVID"			
Have you felt fatigued in the last 3 months? N/Y	N		Y
If I noticed my hand trembling, I would probably think that it is because:			
I must have some sort of neurological problem			
I'm very nervous			
The muscles in my hand are tired			
It's an effect of living during a pandemic			
It's part of being pregnant			
It's part of being postpartum			
I have acute COVID-19			
I have "long COVID"			
Have you noticed your hands trembling in the last 3 months? N/Y	N		Y
If I had trouble sleeping, I would probably think that it is because:			
Some kind of pain or physical discomfort is keeping me awake			
I'm not tired or I had too much coffee			
I'm worrying too much or I must be nervous about something			

It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you had trouble sleeping in the last 3 months? N/Y	N		Y	
If my stomach was upset, I would probably think that it is because:				
I've worried myself sick				
I have the flu or stomach irritation				
I've had something to eat that did not agree with me				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you had an upset stomach in the last 3 months? N/Y	N		Y	
If I lost my appetite, I would probably think that it is because:				
I've been eating too much or my body doesn't need as much food as before				
I'm worrying so much that food doesn't taste good any more				
I have some stomach or intestinal problem				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you lost your appetite in the last 3 months? N/Y	N		Y	
If I had a hard time catching my breath, I would probably think that it is because:				
My lungs are congested from infection, irritation, or heart trouble				
The room is stuffy or there is too much pollution in the air				
I'm over excited or anxious				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you had a hard time catching your breath in the last 3 months? N/Y	N		Y	
If I noticed numbness or tingling in my hands or feet, I would probably think that it is because:				
I'm under emotional stress				
There is something wrong with my nerves or blood circulation				
I am cold or my hand or foot went to sleep				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				

Have you had numbness or tingling in your hands or feet in the last 3 months? N/Y	N		Y	
If I was constipated or irregular, I would probably think that it is because:				
There is not enough fruit or fiber in my diet				
Nervous tension is keeping me from being regular				
There is something wrong with my bowels or intestines				
It's an effect of living during a pandemic				
It's part of being pregnant				
It's part of being postpartum				
I have acute COVID-19				
I have "long COVID"				
Have you been constipated or irregular in the last 3 months? N/Y	N		Y	

⁴³ Adapted by [PRAMS Phase 8 Standard Questionnaire](#)